



Bike It Forward

GET SOMEONE "in motion"!

Is there someone you know in Chatham-Kent who deserves a bike?

If so,
enter the "Bike It Forward" Contest
and **win** one of several new bikes, with safety equipment,
for that someone.

Contest Rules:

1. Write a letter in your own words explaining how you know this person and why you think he or she deserves to win a bike.
2. Include the full name, age, address and phone number of yourself and the person you are writing about.
3. Open to residents of Chatham-Kent, 4-18 years of age.
4. **Mail or drop off** your letter to:
Chatham Kent Centre for Community Services-2nd floor
Chatham-Kent Public Health Unit
"Bike It Forward" Contest
435 Grand Ave. W.
P.O. Box 1136
Chatham, ON N7M 5L8
5. **Deadline:** July 31, 2009; letters must be received by 4:30 p.m.
Prize Awarded: August 11, 2009
a special presentation event has been planned

Special Notes:

1. Winners will be contacted by phone on August 5, 2009.
2. Every winner gets a bike, bike helmet, lock and reflector.
3. All letters are property of the Chatham-Kent Health Unit and may be used for promotional purposes in the media.
4. Immediate family members of employees of the Chatham-Kent Public Health Unit are not eligible to win.

For more information regarding the contest contact
Debbie Newcombe, Public Health Nurse @ 519-352-7270 ext 2433
or visit the website at: www.chatham-kent.ca/health

